



Thursday, September 6, 2007

What I'm Into

TABARI MCCOY | CIN WEEKLY

There's pain - and then there's the type of pain Stephanie Meinberg experienced walking 60 miles in three days.

"It was the weirdest, most unbelievable pain to try and push through," says Meinberg who, along with her friend Stephanie Porter, recently walked the distance as part of the Chicago Breast Cancer 3-Day Walk for the Susan G. Komen Foundation.

"We were both really worried we weren't going to make it, and we met a really great medic at the 50-mile mark who wrapped up all of our blisters, and we were good to go," she says.

But since it was all for a good cause, it's no wonder why she'd suffer through it all again in a heartbeat.



Meinberg, of Taylor Mill, and Porter raised \$4,500 for breast cancer research via their 27-hour weekend journey last month, which produced the 13 blisters on Meinberg's feet.

But when it comes to what she gained from the experience personally, Meinberg says the pain was definitely worth it.

"In the beginning for the two of us, it was about reaching this very personal goal - 'Can we do it? Can we commit to this kind of endurance event and put in the time and effort to be prepared for it fully?' " she says. "As soon as we were committed to this and started

learning so we could say 'We're doing this for breast cancer (research) and here's why, it was affecting so many people in both of our lives.' "

Take a load off and find out what Meinberg's into when she's not walking.

For more on the Breast Cancer 3-Day Walk, visit www.the3day.org.

WHAT DID YOU EAT FOR DINNER LAST NIGHT?

Last night, I had a sandwich from Potbelly (Sandwich Works).

WHAT'S THE BEST DRINK IN TOWN?

You've got me at a loss for this one. I will probably have to say the sake martinis at Pacific Moon.

WHAT TV SHOW ARE YOU TALKING ABOUT THIS SEASON?

Nip/Tuck. It's getting ready to start again and I love it. It's decadent and not entirely too serious.

WHAT MOVIE DO YOU WATCH AND REWATCH?

There's a lot of those ... I'll give you two. *Gladiator* and *The Shawshank Redemption*. I love the message of hope at the end of *The Shawshank Redemption*, and *Gladiator* makes me feel like I can conquer the world afterwards.

YOU'VE GOT FRONT ROW TICKETS. WHAT SINGER/BAND IS ON STAGE?

Keller Williams. He's just the most amazing musician out there right now. He's just an amazing musician for a one-man band musician.

WHAT BOOK CHANGED YOUR LIFE?

You're talking to the original book girl here ... I'm going to go way back and say the original series *The Chronicles of Prydain* by Lloyd Alexander. I read those in fifth grade, and it turned me into a rabid book lover ever since.

YOU'RE ONLINE. WHAT SITES/BLOGS ARE YOU CHECKING?

Amazon.com for what new books are coming out. I do the USA Today.com crossword with my husband a lot. I also visit the *New York Times*' (www.nytimes.com) book review - I don't care about the rest of the paper.

IF YOU COULD RAID ANYONE'S CLOSET, IT WOULD BE...

Sarah Jessica Parker. She's just got her own sense of style, regardless of what's cool or chic. She's comfortable and simple and cool at the same time.

WHERE DO YOU LOVE TO SHOP?

I wish I could afford Anthropologie, but I love classic White House/Black Market as well. And I shop at Borders (Books & Music) more than any other store combined.

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